




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bmchp.org or by calling 1-855-833-8120. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-855-833-8120 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$0	See the Common Medical Event chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible ?	Not Applicable	This plan does not have deductible .
Are there other deductibles for specific services?	Yes, for pediatric Dental Type II and Type III services ONLY, \$50 per individual	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan ?	\$3,000 Individual /\$6,000 Family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit
Will you pay less if you use a network provider ?	Yes. See https://www.bmchp.org/Provider-Search/Qualified-Health-Plan or call 1-855-833-8120 for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the network specialist you chose without a referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 / Visit	Not Covered	Specialist visits may require a Preauthorization .
	Specialist visit	\$40 / Visit	Not Covered	
	Preventive care/screening/immunization	No charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Visit https://www.healthcare.gov/coverage/preventive-care-benefits/ for info on services that are considered preventive
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	- Preauthorization is required. If preauthorization is not obtained payment for services could be denied.
	Imaging (CT/PET scans, MRIs)	\$150 / Visit	Not Covered	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.bmchp.org/I-Am-A/Member/Get-Prescriptions	Generic drugs	\$10 / Retail and \$20 / mail order prescription	Not Covered	<ul style="list-style-type: none"> - Covers up to a 30-day supply (retail); - Covers up to a 90-day supply (mail order). - Oral and other forms of prescription contraceptives are covered in full. - Certain oral anti-cancer drugs are covered in full. - Step therapy may be required. - Preauthorization may be required.
	Preferred brand drugs	\$25 / Retail and \$50 / mail order prescription	Not Covered	
	Non-preferred brand drugs	\$50 / Retail and \$150 / mail order prescription	Not Covered	
	Specialty drugs	\$50 / Retail and \$150 / mail order prescription	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 / Visit	Not Covered	<ul style="list-style-type: none"> -Includes diagnostic colonoscopies and endoscopies. - Preauthorization may be required.
	Physician/surgeon fees	No Charge	Not Covered	
If you need immediate medical attention	Emergency room care	\$150 / Visit	\$150 / Visit	- ER Copayment is waived if admitted directly to the hospital from the ER

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.bmchp.org.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				- If you receive emergency services from a non-network provider, the plan pays up to the allowed amount.
	Emergency medical transportation	No Charge	No Charge	Emergency transportation only. Non-emergency transportation requires Preauthorization . If preauthorization is not obtained payment for services could be denied.
	Urgent care	\$40 / Visit	\$40 / Visit	Urgent care from non-network providers outside of the service area is covered for medically necessary covered services.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$500 / Admission	Not Covered	- Inpatient Rehabilitation hospitals are limited to 60 days per benefit year. - Preauthorization is required. If preauthorization is not obtained payment for services could be denied.
	Physician/surgeon fees	No Charge	Not Covered	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 / Visit	Not Covered	- Preauthorization may be required from our 3 rd party contractor, Beacon Health Strategies, LLC.
	Inpatient services	\$500 / Admission	Not Covered	
If you are pregnant	Office visits	\$20/Visit with a PCP \$40/Visit with a Specialist	Not Covered	- Cost-sharing does not apply to preventive services
	Childbirth/delivery professional services	No Charge	Not Covered	
	Childbirth/delivery facility services	\$500 / Admission	Not Covered	
If you need help recovering or have other special health needs	Home health care	No Charge	Not Covered	- Preauthorization is required. If preauthorization is not obtained payment for services could be denied.
	Rehabilitation services	\$40 / Visit	Not Covered	- Outpatient Physical and Occupational therapy is limited to 60 combined visits per

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.bmchp.org.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				benefit year. - PT/OT limits do not apply to members with Autism Spectrum Disorders or for children under age 3 who are receiving Early Intervention Services. - No limit on speech therapy visits - Preauthorization may be required after initial evaluation.
	Habilitation services	\$40 / Visit	Not Covered	- Outpatient Physical and Occupational therapy is limited to 60 combined visits per benefit year. -- Preauthorization may be required after initial evaluation.
	Skilled nursing care	\$500 / Admission	Not Covered	- Limited to 100 days per benefit year. - Preauthorization is required. If preauthorization is not obtained payment for services could be denied.
	Durable medical equipment	20% Coinsurance	Not Covered	- Coinsurance does not apply to wigs. - Preauthorization may be required from our 3 rd party vendor, Northwood, Inc.
	Hospice services	No Charge	Not Covered	- Preauthorization is required. If you do not get preauthorization , payment for services could be denied.
If your child needs dental or eye care	Children's eye exam	No Charge for preventive exam. \$40 / visit for non-routine exams.	Not Covered	- Preventive eye exams are limited to one every 12 months for members age 18 and younger
	Children's glasses	20% Coinsurance	Not Covered	
	Children's dental check-up	No Charge	Not Covered	-Only covered for members age 18 and younger --Check-up refers to preventive and diagnostic visits (Type I services). Type II, Type III and Type IV services are subject to cost-sharing*

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.bmchp.org.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
<ul style="list-style-type: none">• Acupuncture• Cosmetic Surgery• Early Intervention services for children age 3 and older.• Hearing Aids for members over age 21• Long-term care	<ul style="list-style-type: none">• Non-Emergency care when traveling outside the U.S• Private-duty nursing• Routine foot care except for members with Diabetes• Dental Care (Adult)	<ul style="list-style-type: none">• Services beyond any benefit or monetary limit listed in this Summary of Benefits and Coverage• Vision Hardware except as described in the Evidence of Coverage.• Weight loss programs, except as described in the Evidence of Coverage.
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
<ul style="list-style-type: none">• Abortion• Bariatric Surgery	<ul style="list-style-type: none">• Chiropractic Care• Dental Services for Cleft Lip/Palate Repair	<ul style="list-style-type: none">• Hearing Aids for Children• Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Massachusetts Division of Insurance Consumer Service Section 1-877-563-4467 or mass.gov/doi, The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the Department of Health and Human Service's Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

- BMC Healthnet Plan Member Service at 1-855-833-8120
- The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa
- Massachusetts Division of Insurance at 617-521-7794

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-833-8120.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-833-8120.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-833-8120.

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.bmchp.org.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-855-833-8120.

****Small Group Coverage Period: 12 months from effective date**

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayments](#) 40
- Hospital (facility) [copayments](#) \$500

This EXAMPLE event includes services like:
[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
---------------------------	-----------------

In this example, Peg would pay:

<i>Cost Sharing</i>	
---------------------	--

Deductibles	\$0
Copayments	\$600
Coinsurance	\$0

<i>What isn't covered</i>	
---------------------------	--

Limits or exclusions	\$0
----------------------	-----

The total Peg would pay is	\$600
-----------------------------------	--------------

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayments](#) \$40
- Hospital (facility) [copayments](#) \$500
- [Durable medical equipment coinsurance](#) 20%

This EXAMPLE event includes services like:
[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
---------------------------	----------------

In this example, Joe would pay:

<i>Cost Sharing</i>	
---------------------	--

Deductibles	\$0
Copayments	\$1000
Coinsurance	\$200

<i>What isn't covered</i>	
---------------------------	--

Limits or exclusions	\$
----------------------	----

The total Joe would pay is	\$1,200
-----------------------------------	----------------

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayments](#) \$40
- [Emergency room copayments](#) \$150
- [Durable medical equipment coinsurance](#) 20%

This EXAMPLE event includes services like:
[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
---------------------------	----------------

In this example, Mia would pay:

<i>Cost Sharing</i>	
---------------------	--

Deductibles	\$0
Copayments	\$400
Coinsurance	\$50

<i>What isn't covered</i>	
---------------------------	--

Limits or exclusions	\$
----------------------	----

The total Mia would pay is	\$450
-----------------------------------	--------------

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.