

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="www.bmchp.org">www.bmchp.org</a> or by calling 1-855-833-8120. For general definitions of common terms, such as <a href="allowed amount">allowed amount</a>, <a href="balance billing">balance billing</a>, <a href="coinsurance">coinsurance</a>, <a href="coinsurance">copayment</a>, <a href="deductible">deductible</a>, <a href="provider">provider</a>, or other <a href="underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-855-833-8120 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,000 Individual / \$4,000 Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses is paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="Deductibles">Deductibles</a> for specific services?	Yes, for Pediatric Dental Type II and Type III services ONLY, <b>\$50</b> per individual.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services. This <u>deductible</u> will count toward the overall deductible.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,850 Individual /\$13,700 family for medical expenses and prescription drug combined (which includes \$350 per individual for pediatric dental services).	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.bmchp.org/Provider-Search/Qualified-Health-Plan">https://www.bmchp.org/Provider-Search/Qualified-Health-Plan</a> or call 1-855-833-8120 for a list of <a href="network providers">network providers</a> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You must get authorization from the plan to use an out-of-network provider. If you do not get authorization from the plan to use an <u>out-of-network provider</u> , the plan will not pay, and you will have to pay the provider's bill.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>network specialist</u> you chose without a referral.

<sup>1</sup> of 6

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.bmchp.org



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$30 / Visit	Not Covered	Specialist visits may require a preauthorization.	
	<u>Specialist</u> visit	\$60 / Visit	Not Covered	<u>predutionzation</u> .	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check you're your plan will pay for. Visit <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> for info on services that are considered preventive	
If you have a test	Diagnostic test (x-ray, blood work)	\$75 / Visit for X-rays and \$60 for lab outpatient	Not Covered	Preauthorization may be required	
	Imaging (CT/PET scans, MRIs)	\$500 / Visit	Not Covered		
If you need drugs to	Generic drugs	\$30/ Retail and \$60/ mail order prescription	Not Covered	- Covers up to a 30-day supply (retail); - Covers up to a 90-day supply (mail order).	
treat your illness or condition	Preferred brand drugs	\$60/ Retail and \$120/ mail order prescription	Not Covered	- Oral and other forms of prescription contraceptives are covered in full.	
More information about prescription drug coverage is available at https://www.bmchp.org/l-Am-A/Member/Get-	Non-preferred brand drugs	\$105/ Retail and \$315/ mail order prescription	Not Covered	<ul> <li>Oral anti-cancer drugs are covered in full.</li> <li>Opioid antagonists and generic</li> <li>Medication Assisted Treatment drugs are covered in full.</li> <li>Preauthorization may be required.</li> </ul>	
<u>Prescriptions</u>	Specialty drugs	\$105/ Retail and \$315/ mail order prescription	Not Covered	<ul> <li>Covers up to a 30-day supply from participating specialty pharmacies.</li> <li>Preauthorization may be required.</li> </ul>	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$500 / Visit	Not Covered	- Includes diagnostic colonoscopies and endoscopies.	
	Physician/surgeon fees	\$0		- <u>Preauthorization</u> may be required.	
If you need immediate	Emergency room care Emergency medical	\$300 / Visit		- ER <u>Copayment</u> is waived if admitted directly to the hospital from the ER.	
medical attention	<u>transportation</u>	\$0		* If a service is received from an Out-of-	

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Common	Services You May Need	What You Will Pay Network Provider Out-of-Network Provider		Limitations, Exceptions, & Other Important	
Medical Event	Services rou way weed	(You will pay the least)	(You will pay the most)	Information	
	<u>Urgent care</u>	\$60 / Visit		Network provider, you are also liable for the difference between the billed charge and the Allowed amount.	
If you have a hospital	Facility fee (e.g., hospital room)	\$750 / admission	Not Covered	- Inpatient Rehabilitation hospitals are limited to 60 days per benefit year.	
stay	Physician/surgeon fees	\$0		- <u>Preauthorization</u> may be required.	
If you need mental	Outpatient services	\$30 / Visit	Not Covered	- Preauthorization may be required from our 3 <sup>rd</sup>	
health, behavioral health, or substance abuse services	Inpatient services	\$750/ admission	Not Covered	party contractor, Beacon Health Strategies, LLC.	
	Office visits	No charge for pre-natal or postnatal visits	Not Covered		
If you are pregnant	Childbirth/delivery professional services	\$0 / Admission	Not Covered	Office visits for medical conditions may be subject to <u>cost-sharing</u> .	
	Childbirth/delivery facility services	\$750/ admission	Not Covered	•	
	Home health care	\$0	Not Covered	-Preauthorization is required	
If you need help recovering or have other special health needs	Rehabilitation services	\$60 / visit \$25 / visit for members with a diagnosis of Autism Spectrum Disorder	Not Covered	<ul> <li>Outpatient Physical and Occupational therapy is limited to 60 combined visits per benefit year.</li> <li>PT/OT limits do not apply to members with Autism Spectrum Disorders or for children under age 3 who are receiving Early Intervention Services.</li> <li>Early Intervention and Cardiac Rehabilitation services are covered in full.</li> <li>Preauthorization is required.</li> </ul>	
	Habilitation services	\$60 / visit \$25 / visit for members with a diagnosis of Autism Spectrum Disorder	Not Covered	<ul> <li>Limited to 60 combined visits per benefit year.</li> <li>Limits do not apply to members with Autism Spectrum Disorders or for children under age 3 who are receiving Early Intervention Services.</li> <li><u>Preauthorization</u> is required</li> </ul>	

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Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Skilled nursing care	\$750 / admission	Not Covered	<ul> <li>Limited to 100 days per benefit year.</li> <li>Preauthorization is required.</li> </ul>	
	Durable medical equipment	20% Coinsurance	Not Covered	<ul> <li>Coinsurance does not apply to wigs.</li> <li>Preauthorization may be required from our 3<sup>rd</sup> party vendor, Northwood, Inc.</li> </ul>	
	Hospice services	\$0	Not Covered	-Authorization is required.	
If your child poods	Children's eye exam	No charge for preventive exam. \$60 / visit for non-routine exams	Not Covered	- Preventive eye exams are limited to one every 12 months.	
If your child needs dental or eye care	Children's glasses	20% Coinsurance	Not Covered	- Coverage is limited to eyeglasses, conventional lenses, and contact lenses	
	Children's dental check-up	No Charge	Not Covered	-Check-up refers to preventive and diagnostic visits (Type I services). Type II, Type III and Type IV services are subject to cost-sharing.	

# **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery
- Early Intervention services for children age 3 and older.
- Hearing Aids for members over age 21
- Long-term care

- Non-Emergency care when traveling outside the U.S
  - Private-duty nursing
- Routine foot care except for members with Diabetes
- Dental Care (Adult)

- Services beyond any benefit or monetary limit listed in this Summary of Benefits and Coverage
- Vision Hardware except as described in the Evidence of Coverage.
- Weight loss programs, except as described in the Evidence of Coverage.

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion
- Bariatric Surgery

- Chiropractic Care
- Dental Services for Cleft Lip/Palate Repair
- Hearing Aids for Children
- Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Massachusetts Division of Insurance Consumer Service Section 1-877-563-4467. The U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. Other coverage options

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may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: You may submit your appeal or grievance orally in person or by calling Member Service at 1-855-833-8120. You may submit a written appeal to BMC HealthNet Plan Qualified Health Plan 529 Main St, Suite 500 Charlestown, MA 02129 Attention Member Appeals or fax it to 617-897-0805

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-833-8120.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-833-8120.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-833-8120.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-833-8120.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

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### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$200
■ Specialist Copayment	\$60
■ Hospital (facility) Copayment	\$750
Other Copayment	\$30

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$2000	
Copayments	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions		
The total Peg would pay is	\$2300	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2000
■ Specialist Copayment	\$60
■ Hospital (facility) Copayment	\$750
Other <u>Copayment</u>	\$30

### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)

Prescription drugs

**Total Example Cost** 

\$12,000

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$600	
Copayments	\$200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$	
The total Joe would pay is	\$800	

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2000
■ Specialist Copayment	\$60
■ Hospital (facility) Copayment	\$750
Other Copayment	\$30

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,390

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,840

## In this example, Mia would pay:

Cost Sharing		
Deductibles	\$970	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$	
The total Mia would pay is	\$970	