

**Pharmacy Policy**

**Pulmonary Hypertension**

**Policy Number:** 9.600

**Version Number:** 2

**Version Effective Date:** 3/1/2022

|   |   |
|---|---|
| <p><b>Product Applicability</b>    <input type="checkbox"/> <b>All Plan+ Products</b></p>   |   |
| <p><b>Well Sense Health Plan</b></p> <p><input type="checkbox"/> New Hampshire Medicaid</p> | <p><b>Boston Medical Center HealthNet Plan</b></p> <p><input type="checkbox"/> MassHealth - MCO</p> <p><input type="checkbox"/> MassHealth - ACO</p> <p><input checked="" type="checkbox"/> Qualified Health Plans/ConnectorCare/Employer Choice Direct</p> <p><input type="checkbox"/> Senior Care Options</p> |

Note: Disclaimer and audit information is located at the end of this document.

**Prior Authorization Policy**

**Products Affected:**

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• <b>Adempas (riociguat)</b></li> <li>• <b>ambrisentan (Letairis)</b></li> <li>• <b>bosentan (Tracleer)</b></li> <li>• <b>Opsumit (macitentan)</b></li> </ul> | <ul style="list-style-type: none"> <li>• <b>sildenafil (Revatio)</b></li> <li>• <b>Uptravi (selexipag)</b></li> <li>• <b>Orenitram ER</b></li> <li>• <b>tadalafil</b></li> </ul> |
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The Plan may authorize coverage of the above products for members meeting the following criteria:

|                                     |  |
|-------------------------------------|--|
| <b>Covered Use</b>                  | All FDA approved indications not otherwise excluded  |
| <b>Exclusion Criteria</b>           | Adempas, ambrisentan, bosentan, Opsumit,; pregnancy  |
| <b>Required Medical Information</b> | <p><b>ambrisentan, bosentan, , Opsumit, Orenitram ER, sildenafil, tadalafil, Uptravi:</b></p> <p>Documentation of the following:</p> <p>1. A diagnosis of Group 1 - PAH as defined by pulmonary artery pressure greater than 25 mmHg at rest; <b>AND</b></p> |

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|-------------------------------|---|
|                               | <p>2. Symptoms of PAH have progressed despite general measures, supportive therapy, and treatment of any comorbid conditions. NYHA or WHO functional classification must be included; <b>AND</b></p> <p>3. A negative acute vasoreactivity testing, OR a treatment failure/contraindication with calcium channel blockers, OR a vasoreactivity test is not indicated (i.e. in patients with associated forms of PAH that are rarely vasoreactive) or is contraindicated; <b>OR</b></p> <p>4. Pediatric patient is 3 years of age or older with a diagnosis of idiopathic or congenital Pulmonary Hypertension (bosentan <b>only</b>)</p> <p><b>Adempas:</b></p> <p>Documentation of the following:</p> <ol style="list-style-type: none"> <li>1. Will not be used with a phosphodiesterase 5 inhibitor, nitrates or other soluble guanylate cyclase (sGC) stimulants; <b>AND</b></li> <li>2. A diagnosis of one of the following: <ol style="list-style-type: none"> <li>a. Persistent/ recurrent Chronic Thromboembolic Pulmonary Hypertension (CTEPH) (WHO Group 4) when surgical treatment has failed or is inappropriate; <b>OR</b></li> <li>b. A diagnosis of Group 1 - PAH as defined by pulmonary artery pressure greater than 25 mmHg at rest; <b>AND</b></li> </ol> </li> <li>3. Symptoms of PAH have progressed despite general measures, supportive therapy, and treatment of any comorbid conditions. NYHA or WHO functional classification must be included; <b>AND</b></li> <li>4. A negative acute vasoreactivity testing, OR a treatment failure/contraindication with calcium channel blockers, OR a vasoreactivity test is not indicated (i.e. in patients with associated forms of PAH that are rarely vasoreactive) or is contraindicated.</li> </ol> |
| <b>Age Restriction</b>        | Adempas, , Opsumit, Orenitram ER, sildenafil, tadalafil, Utravi: 18 years and older<br><br>bosentan: 3 years and older  |
| <b>Prescriber Restriction</b> | Prescribed by or in consultation with a cardiologist or pulmonologist   |
| <b>Coverage Duration</b>      | Initial: 3 months<br>Reauthorization: 12 months   |
| <b>Other criteria</b>         | Reauthorization:<br>1. Compliance with the requested therapy and the clinical condition has improved or stabilized without treatment-related adverse events   |

**Applicable Coding:**

| Code  | Medication                                 |
|-------|--|
| J3490 | sildenafil (Revatio) injection 10mg/12.5ml |

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## Clinical Background Information and References

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1. ACCF/AHA 2009 Expert Consensus Document on Pulmonary Hypertension A Report of the American College of Cardiology Foundation Task Force on Expert Consensus Documents and the American Heart Association Developed in Collaboration With the American College of Chest Physicians; American Thoracic Society, Inc.; and the Pulmonary Hypertension Association. Available at: <http://circ.ahajournals.org/content/119/16/2250.full.pdf+html>.
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| Original Approval Date | Original Effective Date | Policy Owner      | Approved by                             |
|------------------------|-------------------------|-------------------|---|
| 12/1/2020              | 1/1/2021                | Pharmacy Services | Pharmacy & Therapeutics (P&T) Committee |

| Policy Revisions History |   |                         |               |
|--------------------------|---|-------------------------|---------------|
| Review Date              | Summary of Revisions  | Revision Effective Date | Approved by   |
| 12/1/2020                | 9.128 Pulmonary Hypertension Policy retired, new policy created                         | 1/1/2021                | P&T Committee |
| 11/11/2021               | Annual review: Updated Adempas criteria to labeling, added cardiologist as a prescriber | 3/1/2022                | P&T Committee |

### Next Review Date

11/2022

### Other Applicable Policies

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## Reference to Applicable Laws and Regulations, If Any

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### Disclaimer Information

Medical Policies are the Plan's guidelines for determining the medical necessity of certain services or supplies for purposes of determining coverage. These Policies may also describe when a service or supply is considered experimental or investigational, or cosmetic. In making coverage decisions, the Plan uses these guidelines and other Plan Policies, as well as the Member's benefit document, and when appropriate, coordinates with the Member's health care Providers to consider the individual Member's health care needs.

Plan Policies are developed in accordance with applicable state and federal laws and regulations, and accrediting organization standards (including NCQA). Medical Policies are also developed, as appropriate, with consideration of the medical necessity definitions in various Plan products, review of current literature, consultation with practicing Providers in the Plan's service area who are medical experts in the particular field, and adherence to FDA and other government agency policies. Applicable state or federal mandates, as well as the Member's benefit document, take precedence over these guidelines. Policies are reviewed and updated on an annual basis, or more frequently as needed. Treating providers are solely responsible for the medical advice and treatment of Members.

The use of this Policy is neither a guarantee of payment nor a final prediction of how a specific claim(s) will be adjudicated. Reimbursement is based on many factors, including member eligibility and benefits on the date of service; medical necessity; utilization management guidelines (when applicable); coordination of benefits; adherence with applicable Plan policies and procedures; clinical coding criteria; claim editing logic; and the applicable Plan – Provider agreement.

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